



Milk Thistle (Silymarin 80%) is well known as a potent herb for liver disorders. The active ingredients in milk thistle are flavonoids comprised of silybin, silydianin and silychristin, collectively known as silymarin. Silymarin 80%, a milk thistle extract standardized to 80% silymarin, an active compound noted for its antioxidant properties.

Benefits

- Helps to protect liver
- Provides a detox for the liver
- Powerful antioxidant to help “clean” liver
- Reduces inflammation
- Stimulates protein synthesis

Medicinal Ingredients / Ingrédients Médicinaux

Serving Size / Portion : 1 Capsule / capsule
Servings Per Container / Portions par contenant : 90

Amount / Quantité	Per serving (1 capsules) / par portion (1 capsules)
Milk Thistle Extract (Silybum marianum) (Standardized 80% Silymarin) / Extrait de chardon-Marie (Silybum marianum) (Normalisé à 80% de silymarine)	200 mg
Milk Thistle Powder / Poudre de chardon-Marie	300 mg

Non-Medicinal Ingredients: Magnesium Stearate, Vegetable Cellulose (capsule)

Ingrédients non médicinaux : Stéarate de magnésium, Cellulose végétale (capsule).

Recommended Use: Take 1 capsule of **MILK THISTLE** 2-3 times daily with food or as directed by a qualified health care practitioner. Maximum daily dose is 6 capsules.

Utilisation recommandée : Prendre 1 portion de **MILK THISTLE** 2-3 fois par jour avec les repas ou comme dirigé par un professionnel qualifié de la santé. La dose quotidienne maximale est de 6 gélules.

Recommended Use: Consult a health practitioner prior to use if you have liver disease or impaired liver function or if symptoms worsen. Do not use if pregnant or breastfeeding. Keep out of reach of children.

Utilisation recommandée : Consulter un praticien de la santé avant l'usage si vous souffrez d'une maladie du foie ou d'une insuffisance hépatique ou si les symptômes s'aggravent. Ne pas utiliser si vous êtes enceinte ou allaitez. Tenir hors de la portée des enfants.

Milk Thistle (Silymarin 80%) - 515 mg

90 Caps

8-708470002-6

