

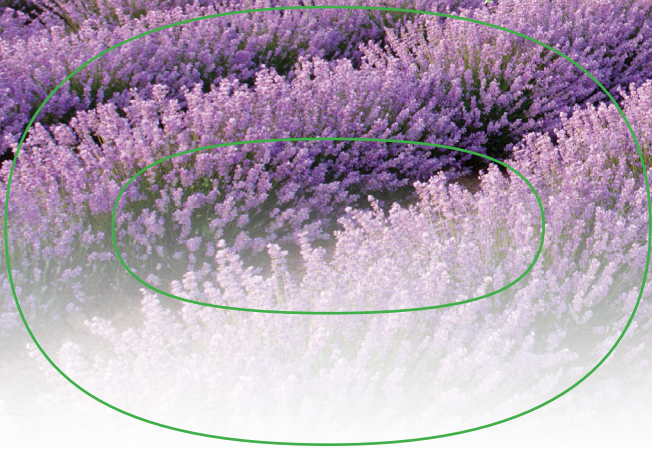
Alora

Naturals

Alora Naturals®



CATALOGUE





Omega 3 Fish Oil combines wild and pure sources of sardine, mackerel & anchovy oils to provide clinically proven dosages of EPA and DHA. Increased consumption of fish is beneficial to health. Recent studies have found an association between consumption of fish oil and a reduced risk of cardiovascular disease, improvements in brain function, mood, joints and skin health.

Medicinal Ingredients / Ingrédients Médicinaux

Serving Size: 1 Softgel / Portion: 1 gélule
Servings Per Container: 180 / Portions par contenant : 180

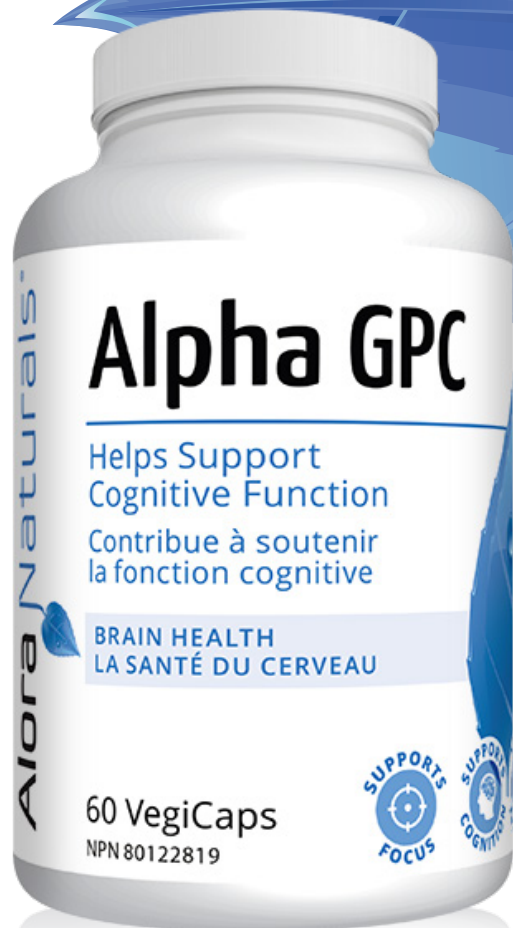
| Amount / Quantité | Per serving (1 capsule) / Par portion (1 capsule) |
|--|---|
| Fish Oils (from Sardine, Mackerel & Anchovy)/ Huile de poissons (de sardine, de maquereau et d'anchois) | 1000 mg |
| EPA/d'AEP (Eicosapentaenoic Acid/acide eicosapentaénoïque) | 180mg |
| DHA/d'ADH (Docosahexaenoic Acid/acide docosahexaénoïque) | 120mg |

Non-Medicinal Ingredients: Gelatin, Glycerin, Water (Softgel).
Ingrédients non médicinaux : Gélatine, Glycérine, Eau (gélule).

Benefits

- Eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) in omega 3 are vital to many aspects of heart health
- High-potency wild fish oil standardized to contain a minimum of 40% EPA and 20% DHA
- Omega 3 supports brain health and provides support against depression and migraines
- EPA and DHA help to control and reduce inflammation
- Natural antioxidant support

Omega 3 1000 mg 180 Soft gels 87084700108-5



Alpha-GPC, also known as *alpha-glycerophosphocholine*, is a phospholipid-like compound found in all tissues of the body, including the brain. **Alpha-GPC** can be readily converted to phosphatidylcholine, the most abundant phospholipid found in the body. **Alpha-GPC** metabolizes into choline and glycerophosphate primarily within the GI tract and brain. Choline is a precursor of the neurotransmitter acetylcholine (ACh), which has been shown to support a host of cognitive functions including memory formation and recall, learning ability, and concentration/focus. The other byproduct of alpha-GPC is glycerophosphate, which supports several non-nootropic processes including healthy cell membrane integrity, and healthy bone strength and resilience.

Benefits

- Cognition and Memory
- Enhanced Focus
- Neural and Cellular Membrane support
- Neurochemical Balance
- Increase in Growth Hormone

Alpha GPC 600mg 60 Caps 87084700101-6

Medicinal Ingredients / Ingrédients Médicinaux

Serving Size / Portion : 1 Capsule / capsule
 Servings Per Container / Portions par contenant : 60

| Amount / Quantité | Per serving (1 capsules) / par portion (1 capsules) |
|--|---|
| L-alpha-GPC (Choline alfoscerate) / L-alpha-GPC (Choline alfoscerate) | 600 mg |

Non-Medicinal Ingredients: Magnesium Stearate (50 mg),
Vegetable Cellulose (capsule)

Ingrédients non médicinaux : Stéarate de magnésium (50 mg),
Cellulose végétale (capsule).

Recommended Use: Take 1 capsule of **ALPHA GPC** daily

Utilisation recommandée : Prendre 1 capsules de **ALPHA GPC** par jour.

Risk Information: Consult a health care practitioner prior to use if you are pregnant or breast feeding. Consult a health care practitioner before using this product.

Informations sur les risques : Consulter un professionnel de la santé avant d'utiliser si vous êtes enceinte ou allaitez. Consulter un professionnel de la santé avant d'utiliser ce produit.



5-Hydroxytryptophan (5-HTP), is a herbal supplement, derived from the African plant *Griffonia simplicifolia*. It is a naturally occurring amino acid that is the intermediate step between tryptophan and serotonin. 5-HTP safely and effectively boosts serotonin levels and may offer benefit in conditions linked to low serotonin levels. In today's busy world, low serotonin levels are becoming more common due to peoples increased stress, anxiety and poor diet. Serotonin is involved in the regulation of several processes within the brain including, depression, mood, emotions, sleep, appetite, anxiety, and memory.

Benefits

- Promotes healthy mood balance by raising low levels of serotonin
- Promotes and maintains sleep patterns
- An excellent natural anti-depressant
- Boosts the rate of serotonin synthesis in the brain
- Naturally sourced- isolated from a seed from an African plant(*Griffonia simplicifolia*)
- Relieves symptoms of fibromyalgia
- May help headache and migraine sufferers

5-HTP- 100 mg 60 Caps 8-7084700001-9

| | |
|---|----------------------------------|
| Medicinal Ingredients / Ingrédients Médicinaux | |
| Serving Size: 1 Capsule / Portion: 1 capsule Servings Per Container: 60 / Portions par contenant : 60 | |
| Amount / Quantité | Per serving / par portion |
| L-5-Hydroxytryptophan (<i>Griffonia simplicifolia</i> 99%) | 100 mg (seed/graine) |
| Non-Medicinal Ingredients: Magnesium Stearate (50 mg), Vegetable Cellulose (capsule). | |
| Ingrédients non médicinaux : Stéarate de magnésium (50 mg), Cellulose végétale (capsule). | |
| Recommended Use: Take 1 capsule of 5-HTP with food, 1-3 times a day or as directed by a qualified health care practitioner. Store in a cool and dry place. | |
| Utilisation recommandée : Prendre 1 portion de 5-HTP avec un repas, 1-3 fois par jour ou comme dirigé par un praticien qualifié des soins de santé. Conserver dans un endroit frais et sec. | |
| Risk Information: Do not use 5-HTP if you are pregnant or nursing. For adult use only, keep out of reach of children. | |
| Informations sur les risques : Ne pas utiliser le 5-HTP si vous êtes enceinte ou allaitez. Usage pour adultes seulement. Garder hors de la portée des enfants. | |



THINK, supports an alert mind by improving blood flow to the brain, while also strengthening memory and concentration. **THINK** combines highly effective active ingredients that act as food for your brain. Ginkgo Biloba 24/6 Extract used to improve circulation to the brain; Phosphatidylserine 50% Extract improves mental focus; Citicoline supplies the brain with energy it needs to stay sharp!

Medicinal Ingredients / Ingrédients Médicinaux

Serving Size: 2 Capsules / Portion: 2 capsules
Servings Per Container: 30 / Portions par contenant : 30

| Amount / Quantité | Per serving / par portion |
|---|---------------------------|
| Ginkgo Biloba Leaf Extract / Extrait de feuille de Ginkgo Biloba (24% Ginkgo Flavone Glycosides)(6% Terpene Lactones) | 120 mg |
| Phosphatidylserine 50% Extract / Extrait | 200 mg |
| Citicoline / Citicoline | 200 mg |

Non-Medicinal Ingredients: Magnesium Stearate (50 mg), Vegetable Cellulose (capsule).

Ingrédients non médicinaux : Stéarate de magnésium (50 mg), Cellulose végétale (capsule).

Recommended Use: Take 1–2 capsules of **THINK**, 2 times a day. Store in a cool and dry place.

Utilisation recommandée : Prendre 1–2 capsules de **THINK**, 2 fois par jour. Conserver dans un endroit frais et sec.

Risk Information: Consult a health care provider prior to use if you are taking medications for diabetes, high blood pressure or seizures. Do not use if you are pregnant or breastfeeding.

Informations sur les risques : Consulter un fournisseur de soins de santé avant l'utilisation si vous prenez des médicaments pour le diabète, l'hypertension artérielle ou les convulsions. Ne pas utiliser si vous êtes enceinte ou si vous allaitez.

Think™- NEW! 60 Caps 87084700075-0



Ginkgo Biloba Double Strength, Alora's double strength formula contains a double dosage of Ginkgo Biloba Leaf Extract to provide a stronger and more potent boost of Ginkgo Biloba!

Benefits

- Alleviates signs of aging, such as short term-memory loss. Dizziness, ringing in the ears & vertigo problems.
- Improves circulation to the brain and extremities.
- Depression and mood
- Improves mental function and mental awareness in people suffering from cognitive decline.
- Increases concentration in athletes and students.
- Used to reduce the symptoms of Premenstrual Syndrome (PMS)

Supplement Facts

EACH CAPSULE CONTAINS/CHAQUE CAPSULE CONTIENT:

Serving Size/Portion: 1 VegiCap

Ginkgo Biloba Leaf Extract/Ginkgo Biloba extrait de feuilles (50:1) 120 mg

Standardized to 24% Ginkgo Flavone Glycosides and 6% Terpene Lactones

Normalisé à 24% de glycosides de flavone de ginkgo et 6% de lactones terpéniques

Ginkgo Biloba Leaf Powder/Poudre de feuilles de Ginkgo Biloba 290 mg

Non-Medicinal Ingredients: cellulose vegetarian capsule shell, vegetable grade magnesium stearate.

Ingrédients non-médicinaux: Enveloppe de la capsule cellulose végétarienne, stéarate de magnésium de qualité végétal.

Alora Naturals™ guarantees there are no other ingredients or excipients added to this formula other than what is listed on the label.

Alora Naturals™ garantit qu'il n'y a pas d'autres ingrédients ou excipients ajoutés à cette formule autre que ce qui est cotée sur l'étiquette.

Ginkgo Biloba Double Strength- 414 mg 120 Caps 8-7084700015-6



Phosphatidylserine (PS), is a special nutrient that helps improve memory and cognitive function in most people, but especially older people. Our bodies need essential fatty acids and phosphatidylserine contains the essential fatty acid called phospholipid. This fatty acid is needed to build brain cell membranes that are fluid enough to release the neurotransmitters acetylcholine and dopamine.

Benefits

- Helps with age-related cognitive decline such as memory loss
- Strengthens memory
- Relieves symptoms of depression
- Decreases stress
- Speeds recovery and reduces muscle soreness in athletes

Medicinal Ingredients / Ingrédients Médicinaux

Serving Size: 1 Capsule / Portion: 1 capsule
 Servings Per Container: 90 / Portions par contenant : 90

| Amount / Quantité | Per serving / par portion |
|---|---------------------------|
| Phosphatidylserine (min. 20% standardized extract) / Phosphatidylsérine (Min. 20% d'extrait standardisé) | 100 mg |

Non-Medicinal Ingredients: Magnesium Stearate, Vegetable Cellulose (capsule).

Ingrédients non médicinaux : Stéarate de magnésium, Cellulose végétale (capsule).

Recommended Use: Take 1 capsule of **PHOSPHATIDYLSERINE** with food, 3 times a day or as directed by a qualified health care practitioner. Store in a cool and dry place.

Utilisation recommandée : Prendre 1 portion de **PHOSPHATIDYLSERINE** avec un repas, 3 fois par jour ou comme dirigé par un praticien qualifié des soins de santé. Conserver dans un endroit frais et sec.

Risk Information: Do not use if you are pregnant or nursing. For adult use only, keep out of reach of children.

Informations sur les risques : Ne pas utiliser si vous êtes enceinte ou allaitez. Usage pour adultes seulement. Garder hors de la portée des enfants.

Phosphatidylserine- 100 mg 90 Caps 8-7084700024-8



True Greens™ is an all-natural super blend of phytonutrient dense plant foods that include organic chlorella, spirulina, alfalfa juice, barley grass juice, wheat grass juice and oat grass extract. True Greens™ offers a wide spectrum of concentrated fruit extracts that are well known for their high antioxidant levels. Ginkgo biloba, grape seed and green tea contribute to improved circulation, cognitive function and enhanced memory. Incorporating True Greens™ in your everyday routine will enhance your energy levels, reduces stress levels, help prevent oxidative damage in your body, help your body to alkalize, and help you maintain healthy immune function.

Benefits

- Increases Energy
- Reduces Stress Levels
- 8,000+ ORAC Value Per Serving
- Detoxifies & Cleanses the Body
- Helps the Body to Alkalize
- Supports Good Health & Longevity

Medicinal Ingredients / Ingrédients Médicinaux

Serving Size: 1 Scoop (13.34 g) / Portion: 1 cuillerée (13,34 g)
Serving Per Container: 30 / Portions par contenant : 30

| Amount / Quantité | per serving / par portion |
|---|---|
| Green Superfoods: Alkalinizing and Detoxifying / Superaliments verts: alcalinisants et detoxifiants | 4.5 g |
| Organic Spirulina Powder / Poudre de Spiruline Biologique | 1500 mg |
| Organic Chlorella Powder / Poudre de chlorelle biologique | 500 mg |
| Organic Alfalfa Juice Powder / Poudre de jus de luzerne biologique | 500 mg |
| Organic Barley Grass Juice Powder / Poudre de jus d'herbe d'orge biologique | 500 mg |
| Organic Wheat Grass Juice Powder / Poudre de jus d'herbe de blé biologique | 500 mg |
| Organic Oat Grass Extract (Avena Sativa) Powder / Extrait d'herbe d'avoine biologique (Avena Sativa) | 500 mg |
| Parsley Powder / Poudre de persil | 250 mg |
| Kale Powder / Poudre de chou frisé | 250 mg |
| Fiber and Probiotic Blend / Fibre et mélange prébiotique | 2.75 g |
| Inulin/Inuline | 1000 mg |
| Flax Seed Powder (defatted) / Poudre de graines de lin (dégraissé) | 750 mg |
| Oat Fiber / Fibre d'avoine | 500 mg |
| Apple Pectin / Pectine de pomme | 500 mg |
| Adaptogenic Herbs: Energy Support / Herbes adaptogènes: énergie | 1.355 g |
| Schizandra Extract (2% schizandrin) / Extrait de Schizandra (2% de schisandriline) | 200 mg |
| Maca (4:1) Extract/Extrait de Maca (4:1) | 500 mg |
| Dulse/Dulse | 400 mg |
| Ashwagandha (2% withanolides)/Ashwagandha (2% de withanolides) | 125 mg |
| Siberian Ginseng (.8% eleuthosides)/Ginseng de Sibérie (.8% d'eleuthosides) | 80 mg |
| Panax ginseng (10% ginsenosides)/Panax ginseng (10% de ginsénosides) | 50 mg |
| Probiotic Support / Probiotiques | 133 mg |
| L. Rhamnosus (Rosell – 11) | 5 Billion Active cells /milliards de cellules vivante |
| Amount / Quantité | per serving / par portion |
| Green Superfoods: Alkalinizing and Detoxifying / Superaliments verts: alcalinisants et detoxifiants | 1.158 g |
| Acai Berry Extract (4:1) / Extrait de baie d'açaï (4:1) | 150 mg |
| Acerola Extract (4:1) / Extrait d'acérola (4:1) | 200 mg |
| Broccoli Extract (4:1) / Extrait de brocoli (4:1) | 100 mg |
| Blueberry Extract (4:1) / Extrait de bleuets (4:1) | 100 mg |
| Cranberry Extract (4:1) / Extrait de canneberge (4:1) | 100 mg |
| Bilberry Extract (4:1) / Extrait de myrtille (4:1) | 30 mg |
| Lycopene / Lycopène | 3 mg |
| Lutein / Lutéine | 5 mg |
| Resveratrol (50% transresveratrol) / Resvératrol (50% de trans-resvératrol) | 10 mg |
| Red Beet Extract / Extrait de betterave rouge | 400 mg |
| Pomegranate Seed Extract (40% ellagic acid) / Extrait de graine de grenade (40% d'acide ellagique) | 60 mg |
| Phytonutrient Blend: Anti-inflammatory Benefits / Mélange de phytonutriments: bienfaits anti-inflammatoire | 390 mg |
| Organic Cherry Juice Extract (36:1 concentrate) / Extrait de jus de cerise biologique (concentré 36:1) | 200 mg |
| Turmeric Extract (95% curcuminoids) / Extrait de curcuma (95% de curcuminoides) | 100 mg |
| Grape Seed Extract (90% PCO) / Extrait de pépins de raisin (90% PCO) | 30 mg |
| Green Tea Extract (80% catechins) / Extrait de thé vert (80% de catéchines) | 30 mg |
| Ginkgo Biloba Extract (24% ginkgo flavonoids) / Extrait de ginkgo biloba (24% de flavonoïdes ginkgo) | 30 mg |
| Herbal Concentrates: Immune Support / Concentrés d'herbes: soutien immunitaire | 360 mg |
| Astragalus (4:1) Extract / Astragale (4:1) Extrait | 100 mg |
| Dandelion Root (4:1) Extract / Extrait de racine de pissenlit (4:1) | 100 mg |
| Milk Thistle (80% silymarin) / Chardon-Marie (80% de silymarine) | 100 mg |
| Elderberry Extract (4:1) / Extrait de sureau (4:1) | 60 mg |

- True Greens™ **Natural Fruit Punch** 400 g 8-7084700056-9
- True Greens™ **Natural Pomegranate Berry** 400 g 8-7084700057-6
- True Greens™ **Natural Pineapple Mango** 400 g 8-7084700062-0
- True Greens™ **Unflavoured** 400 g 8-7084700059-0



Super B-Complex is a high potency vitamin B supplement that aids in growth, development and a variety of other bodily functions. B-Vitamins play a major role in the activities of enzymes and proteins that regulate chemical reactions in the body, which are important in turning food into energy and other needed substances.

Benefits

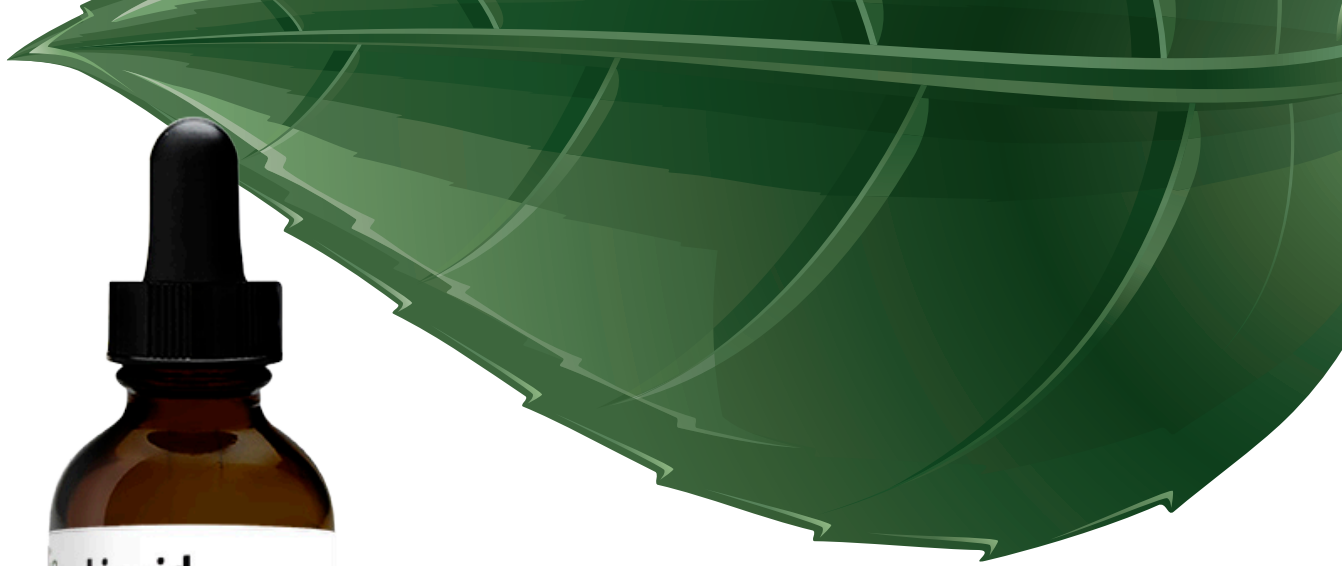
- Increases energy to help the body cope with stress
- Supports a healthy nervous system
- Maintains a healthy immune system
- Supports proper brain function
- Helps metabolize fat, proteins and carbohydrates

| Medicinal Ingredients / Ingrédients Médicinaux | |
|--|---|
| Serving Size / Portion : 1 Capsule / capsule | |
| Servings Per Container / Portions par contenant : 90 | |
| Amount / Quantité | Per serving (1 capsules) / par portion (1 capsules) |
| Vitamin B-1 (thiamine mononitrate/mononitrate de thiamine) | 52 mg |
| Vitamin B-2 (riboflavin/riboflavine) | 52 mg |
| Vitamin B-3 (niacinamide) | 52 mg |
| Vitamin B-5 (d-pantothenic acid/acide d-pantothénique) | 52 mg |
| Vitamin B-6 (pyridoxine HCL) | 52 mg |
| Vitamin B-12 (cyanocobalamin/cyanocobalamine) | 52 mcg |
| Vitamin C (ascorbic acid/acide ascorbique) | 52 mg |
| Biotin | 52 mcg |
| Folic Acid/Acide folique (folate) | 1,000 mcg |
| Inositol | 52 mg |
| PABA | 52 mg |
| Choline (bitartrate) | 30 mg |
| Non-Medicinal Ingredients: Alfalfa, Chamomile, Watercress, Kelp, Parsley, Magnesium Stearate, Vegetable Cellulose (capsule) | |
| Ingrédients non médicinaux : Luzerne, Camomille, Cresson, Varech, Persil, Stéarate de magnésium, Cellulose végétale (capsule). | |
| Recommended Use: Take 1 capsule of SUPER B-COMPLEX per day with food or as directed by a qualified health practitioner. Store in a cool, dry place. | |
| Utilisation recommandée : Prendre 1 portion de SUPER B-COMPLEX quotidiennement avec un repas ou comme dirigé par un praticien qualifié de la santé. | |
| Risk Information: For adults' use only. Keep out of reach of children. | |
| Informations sur les risques : Usage pour adultes seulement. Garder hors de la portée des enfants. | |

Super B-Complex™- 447 mg

90 Caps

8-7084700014-9



Vitamin B12 is stored in the kidneys, liver and other body tissues and as a result, the signs and symptoms of vitamin B12 deficiency may not show themselves until 5-6 years of poor dietary intake. The classic symptom of vitamin B12 deficiency is anemia; however it appears that a deficiency will affect the brain and nervous system first. This can lead to impaired nerve function such as a feeling of numbness, a pins and needles sensation as well as mental function.

| Medicinal Ingredients / Ingrédients médicinaux | |
|---|---|
| Serving Size: 15 drops (0.5 mL) / Portion: 15 gouttes (0,5 mL) | |
| Servings Per Container: 100 / Portions par contenant : 100 | |
| Amount / Quantité | per 1 Serving (0.5 mL) / par 1 portion (0,5 mL) |
| Vitamin B12 (methylcobalamin) / Vitamine B12 (méthylcobalamine) | 1000 mcg |

Non-Medicinal Ingredients : Glycerine, Potassium Sorbate, Citric Acid, Purified Water.

Ingrédients non médicinaux : Glycérine, Sorbate de potassium, Acide citrique, Eau purifiée.

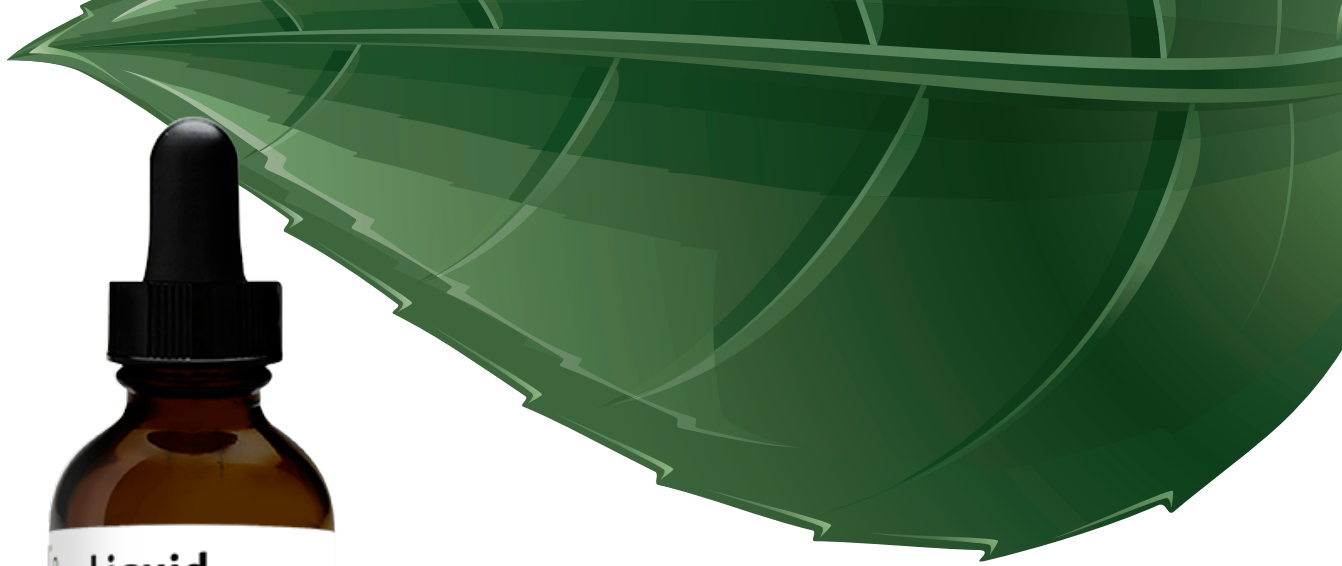
Recommended Use: Take 15 drops of **LIQUID VITAMIN B12™** daily (0.5 ml) or as directed by a qualified health care practitioner. Store in a cool, dry place.

Utilisation recommandée : Prendre 15 gouttes de **LIQUID VITAMIN B12™** par jour (0,5 ml) ou comme dirigé par un praticien qualifié de la santé. Bien agiter avant l'usage. Conserver dans un endroit frais et sec.

Risk Information: Keep out of reach of children.

Informations sur les risques : Garder hors de la portée des enfants.

Liquid Vitamin B12 50 ml 8-7084700030-9



Vitamin D3 Called the sunshine vitamin, vitamin D is formed naturally in the skin by exposure to sunlight. But when an individual does not get enough sun exposure, their body cannot make sufficient vitamin D. Vitamin D supplementation is especially important because it's hard to get enough during our long, dark northern winters. Vitamin D is a vitamin and hormone that stimulates the body to absorb calcium, and it is needed to keep bones strong. People deficient in vitamin D levels tend to have softer, thin bones, predisposing them to fractures. Vitamin D is especially important for the elderly because of their difficulty synthesizing vitamin D from sunlight as some medications interfere with vitamin D absorption.

| Medicinal Ingredients / Ingrédients médicinaux | |
|--|---|
| Serving Size: 1 drop (0.03 mL) / Portion: 1 goutte (0,03 mL) | |
| Servings Per Container: 1666 / Portions par contenant : 1666 | |
| Amount / Quantité | per 1 Serving (0.03 mL) / par 1 portion (0,03 mL) |
| Vitamin D3 (cholecalciferol) / Vitamine D3 (cholecalciferol) | 1000 IU |

Non-Medicinal Ingredients : Organic Sunflower Oil.
Ingrédients non médicinaux : Huile de Tournesol Bio.

Recommended Use: Take one drop of **LIQUID VITAMIN D3™** daily or as directed by a qualified health care practitioner. Shake well before use. Store in a cool, dry place.

Utilisation recommandée : Prendre une goutte de **LIQUID VITAMIN D3™** par jour ou comme dirigé par un professionnel qualifié de la santé. Bien agiter avant l'usage. Conserver dans un endroit frais et sec.

Risk Information: Keep out of reach of children.

Informations sur les risques : Garder hors de la portée des enfants.

Liquid Vitamin D3 25 ml 8-7084700031-6
Liquid Vitamin D3 50 ml 8-7084700082-8



Vitamin C™ is a powerful antioxidant that helps to boost the body's immune system and it plays an important role in cardiovascular health. Vitamin C is needed for growth and repair of tissues in all parts of the body as well as formation of collagen. Collagen is a protein used to make skin, scar tissue, tendons, ligaments and blood vessels. As an antioxidant, vitamin C protects cells from free radical damage.

Benefits

- Promotes healthy teeth and gums
- Helps heal wounds and broken bones
- Boosts immune function
- Aids in iron absorption
- Helps form collagen and connective tissues
- Lowers blood pressure

**Medicinal Ingredients /
Ingrédients Médicinaux**

Serving Size: 1 Capsules / Portion: 1 capsules
 Servings Per Container: 180 / Portions par contenant : 180

| Amount / Quantité | Per serving (1 capsule) / Par portion (1 capsule) |
|--|---|
| Vitamin C (Ascorbic Acid) / Vitamine C (Acide ascorbique) | 500 mg |

Non-Medicinal Ingredients: Magnesium Stearate, Vegetable Cellulose (capsule).
Ingrédients non médicinaux : Stéarate de magnésium, Cellulose végétale (capsule).

Vitamin C- 500 mg

180 Caps

87084700107-8



Joint Recovery™ Extra Strength (300 VegiCaps) is a potent pain relief formula that quickly reduces pain and inflammation in joints while strengthening and repairing cartilage, synovial fluid and connective tissue. Joint Recovery™ is a total body recovery solution for people seeking relief from joint pain, inflammation, injury, surgery and over training. Our formula works synergistically with your body to actively improve joint function.

Benefits

- Potent Pain Relief Formula
- Supports Healthy Joints and Range of Motion
- Protects Against Joint Deterioration
- Builds Healthy Cartilage
- Contains High Potency Ingredients

Medicinal Ingredients / Ingrédients Médicinaux

Serving Size: 5 Capsules / Portion: 5 capsules
 Servings Per Container: 60 / Portions par contenant : 60

| Amount / Quantité | Per serving (5 capsules) / par portion (5 capsules) |
|---|---|
| Opti MSM Methylsulfonylmethane / Opti MSM Méthylsulfonylméthane | 1500 mg |
| Glucosamine Sulfate / Sulfate de glucosamine | 500 mg |
| Glucosamine HCL / Glucosamine ACL | 500 mg |
| Citrus Bioflavonoids / Bioflavonoïdes d'agrumes | 250 mg |
| Bromelain / Bromélaïne 1000 GDU | 200 mg |
| Curcumin / Curcume | 190 mg |
| Boswellia Extract 65% Boswellic Acids / Boswellia extrait 65% d'acides boswelliques | 150 mg |
| Vitamin C (magnesium ascorbate) / Vitamine C (Acide ascorbique) | 150 mg |
| Ginger Root/Racine de gingembre | 100 mg |
| Hyaluronic Acid/Acide hyaluronique | 25 mg |
| Serrapeptase 60,000 SPU | 24 mg |

Non-Medicinal Ingredients: Magnesium Stearate, Vegetable Cellulose (capsule)

Ingrédients non médicinaux : Stéarate de magnésium, Cellulose végétale (capsule).

Recommended Use: Take 5 Capsules of **JOINT RECOVERY**, 1 time per day. Take with food. Avoid taking at bedtime. Use for a minimum of 1 month to see beneficial effects. Store in a cool, dry place.

Utilisation recommandée : Prendre 5 capsules de **JOINT RECOVERY**, 1 fois par jour. Prendre avec de la nourriture. Évitez de prendre au coucher. Utilisez pour au moins une période d'un mois afin d'observer les effets bénéfiques. Conserver dans un endroit frais et sec.

| | | |
|--|----------|---------------|
| Joint Recovery™ Extra Strength Capsules | 150 cap | 87084700104-7 |
| Joint Recovery™ Extra Strength Capsules | 300 cap | 87084700103-0 |
| Joint Recovery™ Extra Strength Natural Pomegranate Berry (254 g) | 60 Serve | 87084700105-4 |



Alora Naturals African Mango™ extract naturally increases your body's adiponectin known as a protein hormone that enhances your muscle's ability to use carbohydrates for energy, boosts your metabolism, increases the rate in which your body breaks down fat and curbs your appetite. Studies have shown that Adiponectin helps to control insulin levels in the body.

Supplement Facts

EACH CAPSULE CONTAINS/CHAQUE CAPSULE CONTIENT:

Serving Size/Portion: 1 VegiCap

| | |
|---|--------|
| African Mango 10:1 Extract | 300 mg |
| Africaine mangue extrait 10:1 | |

Non-Medicinal Ingredients: Vegetable grade magnesium stearate, cellulose vegetarian capsule shell.

Ingrédients non-médicinaux: stéarate de magnésium de qualité végétal, enveloppe de la capsule cellulose végétarienne.

Alora Naturals™ guarantees there are no other ingredients or excipients added to this formula other than what is listed on the label.

Alora Naturals™ garantit qu'il n'y a pas d'autres ingrédients ou excipients ajoutés à cette formule autre que ce qui est cotée sur l'étiquette.

African Mango- 300 mg

60 Caps

8-7084700054-5



Apple Cider Vinegar has been used for centuries for countless purposes. It is an ancient folk remedy known to relieve just about any ailment you can think of. More recently, apple cider vinegar supplements are used to aid a variety of health conditions including weight loss, digestive difficulties, joint pain, blood thinning and infections. It is also an excellent source of naturally occurring potassium.

Benefits

- Curbs sugar/carb cravings
- May benefit diabetes patients by stabilizing blood sugar levels
- Supports digestion
- Reduces cholesterol and blood triglyceride levels
- Supports weight loss
- Good source of organic potassium

Supplement Facts

EACH CAPSULE CONTAINS/CHAQUE CAPSULE CONTIENT:

Serving Size/Portion: 1 VegiCap

Apple Cider Vinegar/Vinaigre de Cidre de pomme500 mg

Non-Medicinal Ingredients: Vegetable grade magnesium stearate, cellulose vegetarian capsule shell.

Ingrédients non-médicinaux: stéarate de magnésium de qualité végétal, enveloppe de la capsule cellulose végétarienne.

Alora Naturals™ guarantees there are no other ingredients or excipients added to this formula other than what is listed on the label.

Alora Naturals™ garantit qu'il n'y a pas d'autres ingrédients ou excipients ajoutés à cette formule autre que ce qui est cotée sur l'étiquette.

Apple Cider Vinegar- 500 mg 90 Caps

8-7084700027-9



Carb Block with Phase2™ is an all-natural, non-stimulant white kidney bean extract. It is the first carbohydrate blocker clinically proven in multiple studies to delay the digestion and absorption of carbohydrates. This, in turn, reduces the caloric impact of starchy foods, and also lowers the glycemic index.

Benefits

- Neutralizes Starch Calories
- Prevents Starch Calories Conversion into Glucose
- Directs the Body to Burn Fat
- Delays the Absorption of Carbohydrates
- Contains non-GMO white kidney beans

Medicinal Ingredients / Ingrédients Médicinaux

Serving Size / Portion : 1 Capsule / capsule

Servings Per Container / Portions par contenant : 90

| Amount / Quantité | Per serving (1 capsules) / par portion (1 capsules) |
|---|---|
| Phase 2™ Standardized Extract of White Kidney Bean/ Phase 2™ extrait standardisé d'haricot blanc | 500 mg |

Non-Medicinal Ingredients: Magnesium Stearate, Vegetable Cellulose (capsule)

Ingrédients non médicinaux : Stéarate de magnésium, Cellulose végétale (capsule).

Recommended Use: Take 1 capsule of **CARB BLOCK**, three times daily with meals containing carbohydrates or as directed by a qualified health care practitioner. Store in a cool, dry place.

Utilisation recommandée : Prendre 1 portion de **CARB BLOCK**, 3 fois par jour avec des repas contenant des glucides ou comme dirigé par un praticien qualifié des soins de la santé. Conserver dans un endroit frais et sec.

Risk Information: None known when taken as specified. Keep out of reach of children.

Informations sur les risques : Aucune connue si utilisé comme spécifié. Conserver hors de la portée des enfants.

Carb-Block with Phase 2™ 90 Caps

8-7084700039-2

Alora Naturals®



CLA Burn™ is an all-natural healthy way to reduce body fat levels safely and effectively.

CLA Burn™ contains high quality conjugated linoleic acid (CLA) derived from 100% pure safflower oil. Recent scientific studies have shown that CLA reduces body fat while maintaining lean body mass. CLA is a natural ingredient that works to block the enzyme called lipoprotein which helps to absorb fat into fat cells. CLA blocks this enzyme and diverts unused fat to muscle cells. CLA then activates enzymes which help your muscles to burn this fat. This increased breakdown of fat helps to prevent fat accumulation in fat cells and helps to fuel and preserve muscle mass.

Benefits

- CLA- Derived from 100% Safflower Oil
- Supports Body Fat Reduction
- Increases Energy Levels
- Maintains Lean Body Mass
- Rich in Antioxidants

Medicinal Ingredients / Ingrédients Médicinaux

Serving Size: 3 Capsules / Portion : 3 capsules
Serving Per Container: 30 / Portions par contenant : 30

| Amount / Quantité | Per serving (3 capsules) / Par portion (3 capsules) |
|--|---|
| Conjugated Linoleic Acid (90% Fatty Acids) powder / Acide linoléique conjugué (90% acides gras) poudre | 2000 mg |
| Green Coffee Bean Extract (50% chlorogenic acid) / Extrait de café vert (50% d'acide chlorogénique) | 350 mg |
| Cissus Quadrangularis | 250 mg |
| Green Tea Extract (min. 40% catechins, 60% polyphenols) / Extrait de thé vert (min. 40% cathéchines, 60% polyphénols) | 200 mg |
| L-Theanine / L-théanine | 50 mg |
| Astragin® | 10 mg |

Non-Medicinal Ingredients: Magnesium Stearate, Vegetable Cellulose (capsule).

Ingrédients non médicinaux : Stéarate de magnésium, Cellulose végétale (capsule).

Recommended Use: Take 3 capsules of **CLA BURN** with water. Take one to three servings per day. Store in a cool, dry place.

Utilisation recommandée : Prendre 3 capsules de **CLA BURN** avec l'eau. Prendre une à trois portions par jour. Conserver dans un endroit frais et sec.

Risk Information: Keep out of reach of children. Not intended for use by those under the age of 18. Consult with a health care practitioner before using if you are pregnant, nursing, if you have any serious ailments, or if you are using any prescription medications.

Informations sur les risques : Tenir hors de la portée des enfants. Non destiné à un usage par des personnes âgés de moins de 18 ans. Consulter un professionnel des soins de la santé avant l'usage si vous êtes enceinte, allaitez, si vous avez des maladies graves, ou si vous utilisez des médicaments sur ordonnance.

CLA Burn™ Capsules 90 Caps

8-7084700068-2

Alora Naturals®



Garcinia Cambogia is an all natural fruit that looks very similar to an undersized pumpkin, green in colour and more oval in shape. The active component in Garcinia Cambogia, hydroxycitric acid (HCA) has been clinically proven to promote fat burning and appetite suppressing effects.

Benefits

- Effective Fat Blocking Agent
- Appetite Suppressant
- Increases Serotonin Levels
- Accelerates Metabolism
- 60% Concentration of Hydroxycitric Acid (HCA)

Medicinal Ingredients / Ingrédients Médicinaux

Serving Size / Portion : 1 Capsule / capsule
 Servings Per Container / Portions par contenant : 60

| Amount / Quantité | Per serving (1 capsules) / par portion (1 capsules) |
|--|---|
| Garcinia Cambogia Extract (Fruit)(60% Hydroxycitric Acid) / Extrait de Garcinia Cambogia (fruit)(60% d'acide hydroxycitrique) | 500 mg |

Non-Medicinal Ingredients: Magnesium Stearate, Vegetable Cellulose (capsule)

Ingrédients non médicinaux : Stéarate de magnésium, Cellulose végétale (capsule).

Recommended Use: Take 1 capsule of **GARCINIA CAMBOGIA** two times daily, thirty minutes before a meal. Store in a cool, dry place.

Utilisation recommandée : Prendre 1 portion de **GARCINIA CAMBOGIA** 2 fois par jour, 30 minutes avant un repas. Conserver dans un endroit frais et sec.

Risk Information: Consult a health care practitioner if you are pregnant, breastfeeding, under the age of 18 and/or have a medical condition. Do not exceed recommended dosage. Keep out of reach of children.

Informations sur les risques : Consulter un praticien de soins de santé si vous êtes enceinte, allaitez, moins que 18 ans et/ou souffrez d'une maladie. Ne pas dépasser la dose recommandée. Tenir hors de la portée des enfants.

Garcinia Cambogia- 500 mg 60 Caps

8-7084700052-1



Alora Naturals Green Coffee Bean™ is an all natural weight loss agent that is a powerful insulin stabilizer and antioxidant. The green (raw) coffee bean contains high amounts of chlorogenic acid, which inhibits an enzyme, glucose-6-phosphate, that promotes the formation of glucose in the liver. By slowing down the absorption of glucose in the bloodstream, the chlorogenic acid thus reduces the absorption of fat.

Benefits

- Supports Weight Loss
- Helps Stabilize Insulin Levels
- Antioxidant

Medicinal Ingredients / Ingrédients Médicinaux

Serving Size / Portion : 1 Capsule / capsule

Servings Per Container / Portions par contenant : 60

| Amount / Quantité | Per serving (1 capsules) / par portion (1 capsules) |
|---|---|
| Green Coffee Bean Extract (50% chlorogenic acid) / Extrait de grain de café vert (50% acide chlorogénique) | 400 mg |

Non-Medicinal Ingredients: Magnesium Stearate, Vegetable Cellulose (capsule)

Ingrédients non médicinaux : Stéarate de magnésium, Cellulose végétale (capsule).

Recommended Use: Take 1 capsule of **GREEN COFFEE BEAN** two times daily, thirty minutes before a meal. Store in a cool, dry place.

Utilisation recommandée : Prendre 1 portion de **GREEN COFFEE BEAN** 2 fois par jour, 30 minutes avant un repas. Conserver dans un endroit frais et sec.

Risk Information: Consult a health care practitioner if you are pregnant, breastfeeding, under the age of 18 and/or have a medical condition. Do not exceed recommended dosage. Keep out of reach of children.

Informations sur les risques : Consulter un praticien de soins de santé si vous êtes enceinte, allaitez, moins que 18 ans et/ou souffrez d'une maladie. Ne pas dépasser la dose recommandée. Tenir hors de la portée des enfants.

Green Coffee Bean- 400 mg 60 Caps

8-7084700051-4



Raspberry ketones are phenolic compounds found naturally occurring in red raspberries. These substances cause cells to release stored fat into the blood stream where they can be burned as fuel by the body. Research from the Wadsworth Medical Center in Ohio, showed its effectiveness in burning body fat.

Benefits

- Increases body temperature and speeds up metabolism
- Reduces insulin production preventing carbs from being stored as body fat
- Reduces the absorption of fat preventing weight gain

Medicinal Ingredients / Ingrédients Médicinaux

Serving Size / Portion : 1 Capsule / capsule
 Servings Per Container / Portions par contenant : 120

| Amount / Quantité | Per serving (1 capsules) / par portion (1 capsules) |
|--|---|
| Green Tea Extract/Extrait de thé verte (Camellia sinensis 95% Polyphenols 50% EGCG) / Extrait de thé verte (Camellia sinensis 95 % polyphénols 50 % EGCG) | 300 mg |

Non-Medicinal Ingredients: Raspberry Ketone (200 mg), Magnesium Stearate (50 mg), Vegetable Cellulose (capsule)

Ingrédients non médicinaux : Cétone de framboise (200 mg) Stéarate de magnésium (50 mg), Cellulose végétale (capsule).

Recommended Use: Take 1–2 capsules daily or as directed by a qualified health care practitioner.

Utilisation recommandée : Prendre 1–2 capsules par jour ou comme dirigé par un praticien qualifié des soins de santé.

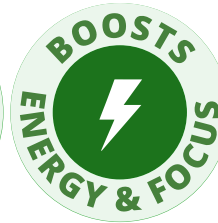
Risk Information: Do not use if pregnant or breastfeeding. Consult a health care practitioner before using this product.

Informations sur les risques : Ne pas utiliser si vous êtes enceinte ou allaitez. Consulter un professionnel de la santé avant d'utiliser ce produit.

Green Tea/Raspberry Ketones

120 Caps

8-7084700040-8



New Body is a breakthrough in weight loss technology it uses the most recent scientific discoveries and best researched pharmaceutical grade nutrients and herbal extracts to help you safely and effectively reach your ideal weight.

Benefits

- Advanced Fat Burning Formula
- Intense Thermogenic Power that Helps Burn Body Fat into Energy
- Boosts Energy & Mental Focus
- Infused with Green Tea, powerful antioxidant support

Medicinal Ingredients / Ingrédients Médicinaux

Serving Size: 1 Scoop (8.75 g) / Portion: 1 cuillerée (8,75 g)
Serving Per Container: 30 / Portions par contenant : 30

| Amount / Quantité | per 1 Scoop (8.75 g) / par 1 cuillerée (8,75 g) |
|---|---|
| NUTRITIVE SUPPORT/SUPPORT NUTRITIF | 125.7 mg |
| Pantothenic Acid, Chromium Piccolinate, Vitamin B-12 (Methylcobalamin), Vitamin B-6 (pyridoxine hcl) / Acide pantothénique, picolinate de chrome, vitamine B-12 (méthylcobalamine), vitamine B-6 (pyridoxine hcl) | |
| THERMOGENIC MATRIX BLEND/MÉLANGE THERMOGÈNE | 850 mg |
| Green Tea Extract (98% polyphenols), Guarana Extract (22% caffeine), Green Coffee Bean Extract (45% chlorogenic acids), Cissus Quadrangularis / Extrait de thé vert (98% de polyphénols), extrait de guarana (22% de caféine), extrait de grain de café vert (45% d'acides chlorogéniques), Cissus Quadrangularis | |
| MOOD AND MENTAL FOCUS BLEND / HUMEUR ET CONCENTRATION MENTALE | 2,250 mg |
| L-Taurine, L-Tyrosine, Carnitine L-Tartrate, Acetyl-L-Carnitine, Caffeine Anhydrous / L-Taurine, L-tyrosine, carnitine L-tartrate, acétyl-L-carnitine, caféine anhydre | |
| APPETITE CONTROL AND SATIETY BLEND / CONTRÔLE D'APPÉTIT ET SATIÉTÉ | 1,750 mg |
| Inulin, Glucomannan (Konjac Root), Garcinia Cambogia (50% HCA), L-Theanine, BioPerine™ / Inuline, Glucomannane (racine de Konjac), Garcinia Cambogia (50% HCA), L-Théanine, BioPerine™ | |

Non-Medicinal Ingredients: Vita-Fiber®, Natural Peach Mango Flavour, Stevia, Natural Orange Colour Powder.

Ingrédients non médicinaux: Vita-Fiber®, arôme naturel de mangue pêche, stévia, poudre de couleur orange naturelle.

Recommended Use: As a dietary supplement take 1 scoop of **NEW BODY**, 2 times per day. Mix each scoop with 6 fl. oz. of water. If you feel this dosage is too strong, reduce to ½ scoop, 2 times per day. This product contains caffeine, therefore to avoid sleeplessness do not take within 6 hours of sleep. Take away from other caffeine containing products. Store in a cool, dry place.

Utilisation recommandée: Comme complément alimentaire, prenez 1 cuiller de **NEW BODY**, 2 fois par jour. Mélanger avec 6 oz. d'eau. Si vous sentez que cette dose est trop forte, réduisez à 1/2 scoop, 2 fois par jour. Ce produit contient de la caféine, donc pour éviter l'insomnie ne pas utiliser durant les 6 heures de sommeil. Éliminez les autres produits contenant de la caféine. Conserver dans un endroit frais et sec.

| | | |
|--|------------|----------------|
| New Body™ - Natural Fruit Punch | 262.5 gram | 8-7084700046-0 |
| New Body™ - Natural Pink Lemonade | 262.5 gram | 8-7084700053-8 |
| New Body™ - Natural Peach Mango | 262.5 gram | 8-7084700058-3 |
| New Body™ - Natural Pomegranate Berry | 262.5 gram | 8-7084700061-3 |



Bamboo Silica is considered today's fountain of youth! Bamboo Silica is found in the nodes of a bamboo tree. Bamboo is an edible grass that has been part of the diet of human and animals alike for thousands of years. Bamboo Silica has been used traditionally as a rich source of naturally occurring, organic silica.

Benefits

- Regenerates the skin, strengthens finger nails and beautifies hair.
- Helps to prevent premature aging.
- Increases the flexibility of body tissues and joints.

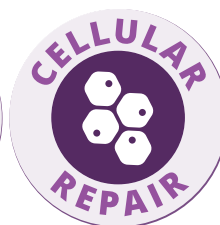
| Medicinal Ingredients / Ingrédients Médicinaux | |
|---|---|
| Serving Size / Portion : 1 Capsule / capsule | |
| Servings Per Container / Portions par contenant : 90 | |
| Amount / Quantité | Per serving (1 capsules) / par portion (1 capsules) |
| Bamboo Silica Extract (contains 70 mg elemental silica) / Extrait de silice de bambou (contient 70 mg de magnésium élémentaire) | 200 mg |
| Calcium Citrate (contains 40 mg elemental calcium) / Calcium Citrate (contient 40 mg de calcium élémentaire) | 200 mg |
| Magnesium Citrate (contains 70 mg elemental silica) / Magnesium Citrate (contient 40 mg de silice élémentaire) | 100 mg |
| Vitamin D (cholecalciferol) / Vitamin D (cholecalciferol) | 100 IU |
| Non-Medicinal Ingredients: Magnesium Stearate, Vegetable Cellulose (capsule) | |
| Ingrédients non médicinaux : Stéarate de magnésium, Cellulose végétale (capsule). | |
| Recommended Use: Take 1 capsule of BAMBOO SILICA daily or as directed by a qualified health practitioner. | |
| Utilisation recommandée : Prendre 1 portion de BAMBOO SILICA quotidiennement ou comme dirigé par un professionnel qualifié de la santé. | |

Bamboo Silica- 100 mg

90 Caps

8-7084700003-3





Nicotinamide Riboside (NR) is a nucleoside made out of niacinamide and ribose. It is a form of Vitamin B3 and is a precursor to nicotinamide adenine dinucleotide which means it is needed to make NAD⁺, increased NAD⁺ then activates the following enzymes.

- *Sirtuins, a potential anti-aging target*
- *PARPs, which may repair damaged DNA*
- *CD38, a receptor in the immune system which is involved in glucose-induced insulin secretion*

Because Sirt1 activates PGC-1alpha, scientists are investigating if NR supplementation stimulates mitochondrial biogenesis and improves mitochondrial health. Scientists have explored its effects on generating energy in mitochondrial-dense tissues like muscle, brain, and liver.

Benefits

- Stimulates NAD⁺ Metabolism
- Improves Exercise Performance
- Boosts Cognitive Health

Medicinal Ingredients / Ingrédients Médicinaux

Serving Size: 1 Capsule / Portion: 1 capsule
Servings Per Container: 30 / Portions par contenant : 30

| Amount / Quantité | Per serving / par portion |
|---|---------------------------|
| Coenzyme Q10 Ubiquinone (microorganism) / Coenzyme Q10 Ubiquinone (microorganisme) | 400 mg |
| Nicotinamide Riboside / Nicotinamide Riboside | 300 mg |

Non-Medicinal Ingredients: Magnesium Stearate (50 mg), Vegetable Cellulose (capsule).

Ingrédients non médicinaux : Stéarate de magnésium (50 mg), Cellulose végétale (capsule).

Recommended Use: Take 1 capsule of **NICOTINAMIDE RIBOSIDE** daily.

Utilisation recommandée : Prendre une portion de **NICOTINAMIDE RIBOSIDE** par jour.

Risk Information: Consult a health care practitioner prior to use if you are pregnant or breast feeding. Consult a health care practitioner before using this product.

Informations sur les risques : Consulter un professionnel de la santé avant d'utiliser si vous êtes enceinte ou allaitez. Consulter un professionnel de la santé avant d'utiliser ce produit.

Nicotinamide Riboside 300mg 30 Caps 87084700102-3

ANTI-AGING



Naturals Sleep Tight™ is a scientifically proven, fast acting combination of natural compounds that is safe and non-habit forming. Sleep Tight™ will help you to fall asleep easily, sleep soundly through the night, and wake up feeling refreshed. Prescription sleeping pills can reduce the length of REM sleep (the dreaming phase) leading to feeling groggy and mildly depressed in the morning. Natural sleep aids support REM sleep, and have no side effects

Medicinal Ingredients / Ingrédients Médicinaux

Serving Size: 3 Capsules / Portion: 3 capsules
 Servings Per Container: 30 / Portions par contenant : 30

| Amount / Quantité | Per serving (3 capsules) / Par portion (3 capsules) |
|---|---|
| Valerian Root Extract (0.8% Valerenic Acid) / Extrait de racine de valériane (0,8 % d'acide valérienique) | 500 mg |
| Passion Flower / Fleur de la passion | 500 mg |
| Skullcap / Calotte | 500 mg |
| Gamma Aminobutyric Acid / Acide gamma-aminobutyrique | 300 mg |
| Lemon Balm (10:1 Extract) / Mélisse (extrait 10:1) | 300 mg |
| L-Theanine / L-théanine | 240 mg |
| L-Tryptophan / L-tryptophane | 150 mg |
| 5-Hydroxytryptophan (5-HTP) (Griffonia simplicifolia) (seed) / 5-Hydroxytryptophane (5-HTP) (Griffonia simplicifolia) (graine) | 100 mg |

Non-Medicinal Ingredients: Magnesium Stearate, Vegetable Cellulose (capsule).

Ingrédients non médicinaux : Stéarate de magnésium, Cellulose végétale (capsule).

Recommended Use: Take 1 to 3 capsules of **SLEEP TIGHT**, depending on body weight and severity of condition, 20 to 30 minutes before bed, preferably on an empty stomach.

Utilisation recommandée : Prendre 1 à 3 capsules de **SLEEP TIGHT**, selon le poids corporel et la gravité de la situation, 20 à 30 minutes avant de se coucher, de préférence à jeun.

Risk Information: Consult with a health practitioner prior to use if you have cerebral palsy, depression, diabetes, hypertension, hormonal disorder, migraines, kidney or liver disease, or seizure disorders. Do not use if you are taking blood pressure, immunosuppressive or hypnotic/sedative medications. Do not use if pregnant or nursing without consulting a physician.

Informations sur les risques : consultez un professionnel de la santé avant l'utilisation si vous souffrez de paralysie cérébrale, de dépression, de diabète, d'hypertension, de troubles hormonaux, de migraines, de maladies rénales ou hépatiques ou de troubles épileptiques. Ne pas utiliser si vous prenez des médicaments antihypertenseurs, immunosuppresseurs ou hypnotiques/sédatifs. Ne pas utiliser si vous êtes enceinte ou si vous allaitez sans consulter un médecin.

Sleep Tight™ 90 Caps

8-7084700067-5

Alora Naturals®





Cayenne 40,000 SHU or Capsicum assists in regulating blood flow and is helpful to the cardiovascular system by strengthening the heart, arteries, capillaries, nerves and reducing blood cholesterol and triglyceride levels. Cayenne is also suitable for those with insufficient peripheral circulation with cold hands, and feet, chilblains. When taken with meals, cayenne aids in digestion.

Benefits

- Regulates blood flow
- Raises metabolic rate by as much as 25%
- Aids in digestion
- Reduces constipation, gas & bloating
- Helps cardiovascular system

Supplement Facts

EACH CAPSULE CONTAINS/CHAQUE CAPSULE CONTIENT:

Serving Size/Portion: 1 VegiCap

Cayenne powder (*Capsicum annuum*) (fruit)500 mg
(40,000 Scoville Heat Units)

Cayenne en poudre (*Capsicum annuum*) (fruit)500 mg
(40 000 unités de chaleur Scoville)

Non-Medicinal Ingredients: cellulose vegetarian capsule shell.

Ingrédients non-médicinaux: enveloppe de la capsule cellulose végétarienne.

Alora Naturals™ guarantees there are no other ingredients or excipients added to this formula other than what is listed on the label.

Alora Naturals™ garantit qu'il n'y a pas d'autres ingrédients ou excipients ajoutés à cette formule autre que ce qui est coté sur l'étiquette.

Cayenne 40,000 SHU- 500mg

90 caps

8-7084700004-0





Milk Thistle (Silymarin 80%) is well known as a potent herb for liver disorders. The active ingredients in milk thistle are flavonoids comprised of silybin, silydianin and silychristin, collectively known as silymarin. Silymarin 80%, a milk thistle extract standardized to 80% silymarin, an active compound noted for its antioxidant properties.

Benefits

- Helps to protect liver
- Provides a detox for the liver
- Powerful antioxidant to help “clean” liver
- Reduces inflammation
- Stimulates protein synthesis

Medicinal Ingredients / Ingrédients Médicinaux

Serving Size / Portion : 1 Capsule / capsule
Servings Per Container / Portions par contenant : 90

| Amount / Quantité | Per serving (1 capsules) / par portion (1 capsules) |
|--|---|
| Milk Thistle Extract (Silybum marianum) (Standardized 80% Silymarin) / Extrait de chardon-Marie (Silybum marianum) (Normalisé à 80% de silymarine) | 200 mg |
| Milk Thistle Powder / Poudre de chardon-Marie | 300 mg |

Non-Medicinal Ingredients: Magnesium Stearate, Vegetable Cellulose (capsule)

Ingrédients non médicinaux : Stéarate de magnésium, Cellulose végétale (capsule).

Recommended Use: Take 1 capsule of **MILK THISTLE** 2-3 times daily with food or as directed by a qualified health care practitioner. Maximum daily dose is 6 capsules.

Utilisation recommandée : Prendre 1 portion de **MILK THISTLE** 2-3 fois par jour avec les repas ou comme dirigé par un professionnel qualifié de la santé. La dose quotidienne maximale est de 6 gélules.

Recommended Use: Consult a health practitioner prior to use if you have liver disease or impaired liver function or if symptoms worsen. Do not use if pregnant or breastfeeding. Keep out of reach of children.

Utilisation recommandée : Consulter un praticien de la santé avant l'usage si vous souffrez d'une maladie du foie ou d'une insuffisance hépatique ou si les symptômes s'aggravent. Ne pas utiliser si vous êtes enceinte ou allaitez. Tenir hors de la portée des enfants.

Milk Thistle (Silymarin 80%) - 515 mg

90 Caps

8-708470002-6



Prost-First™ helps to relieve the urological symptoms associated with benign prostatic hyperplasia (BPH). Prost-First™ is a specially formulated blend of potent herbs which directly benefits the prostate gland and urinary tract assisting those with weak urine flow, frequent daytime & night time urination.

Benefits

- Maintains a healthy prostate
- Relieves symptoms associated with benign prostatic hyperplasia
- Natural potent herbs decrease the swelling of prostate gland
- Treats urinary inconsistency
- High in antioxidants

Supplement Facts / Valeur en supplément

| 1 VegiCap contains: | 1 VegiCap contient: |
|--|---------------------|
| Saw Palmetto (25% fatty acids/acides gras 25%) | 200 mg |
| Pygeum Bark Extract/Extrait d'écorce de Pygeum (25% sterols) | 20 mg |
| Stinging Nettle 5:1 extract/Extrait d'ortie 5:1 | 100 mg |
| Lycopene/lycopène (5%) | 10 mg |
| Pumpkin Seed 4:1 extract/Graines de citrouille 4:1 extrait | 70 mg |
| Juniper Berries/Baies de genièvre | 50 mg |
| Corn Silk/Soie de maïs | 50 mg |

Non-Medicinal Ingredients: cellulose vegetarian capsule shell, vegetable grade magnesium stearate.

Ingrédients non-médicinaux: Enveloppe de la capsule cellulose végétarienne, stéarate de magnésium de qualité végétal.

Alora Naturals® guarantees there are no other ingredients or excipients added to this formula other than what is listed on the label.

Alora Naturals® garantit qu'il n'y a pas d'autres ingrédients ou excipients ajoutés à cette formule autre que ce qui est cotée sur l'étiquette.

Prost First™- 500 mg 90 Caps

8-7084700019-4