

Super B-Complex is a high potency vitamin B supplement that aids in growth, development and a variety of other bodily functions. B-Vitamins play a major role in the activities of enzymes and proteins that regulate chemical reactions in the body, which are important in turning food into energy and other needed substances.

## **Benefits**

- · Increases energy to help the body cope with stress
- · Supports a healthy nervous system
- · Maintains a healthy immune system
- · Supports proper brain function
- · Helps metabolize fat, proteins and carbohydrates

## Medicinal Ingredients / Ingrédients Médicinaux

Serving Size / Portion : 1 Capsule / capsule Servings Per Container / Portions par contenant : 90

Amount / Quantité	Per serving (1 capsules) /par	portion (1 capsules)
Vitamin B-1 (thiamine mononitrate/mon	nonitrate de thiamine)	52 mg
Vitamin B-2 (riboflavin/riboflavine)		52 mg
Vitamin B-3 (niacinamide)		52 mg
Vitamin B-5 (d-pantothenic acid/acide	d-pantothénique)	52 mg
Vitamin B-6 (pyridoxine HCL)		52 mg
Vitamin B-12 (cyanocobalamin/cyanoco	obalamine)	52 mcg
Vitamin C (ascorbic acid/acide ascorbic	que)	52 mg
Biotin		52 mcg
Folic Acid/Acide folique (folate)		1,000 mcg
Inositol		52 mg
PABA		52 mg
Choline (bitartrate)		30 mg

Non-Medicinal Ingredients: Alfalfa, Chamomile, Watercress, Kelp, Parsley, Magnesium

Ingrédients non médicinaux : Luzerne, Camomille, Cresson, Varech, Persil, Stéarate de magnesium, Cellulose végétale (capsule).

Recommended Use: Take 1 capsule of SUPER B-COMPLEX per day with food or as directed by a qualified health practitioner. Store in a cool, dry place

Utilisation recommandée : Prendre 1 portion de SUPER B-COMPLEX quotidiennement avec un repas ou comme dirigé par un praticien qualifié de la santé.

Risk Information: For adults' use only. Keep out of reach of children

Informations sur les risques : Usage pour adultes seulement. Garder hors de la portée

Super B-Complex™- 447 mg

90 Caps

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