



Medicinal Ingredients / Ingrédients Médicinaux

Serving Size: 1 Scoop (13.34 g) / Portion: 1 cuillère (13,34 g)
 Servings Per Container: 30 / Portions par contenant : 30

Amount / Quantité	per serving / par portion
Green Superfoods: Alkalinizing and Detoxifying / Superaliments verts: alcalinisants et detoxifiants	4.5 g
Organic Spirulina Powder / Poudre de Spiruline Biologique	1500 mg
Organic Chlorella Powder / Poudre de chlorelle biologique	500 mg
Organic Alfalfa Juice Powder / Poudre de jus de luzerne biologique	500 mg
Organic Barley Grass Juice Powder / Poudre de jus d'herbe d'orge biologique	500 mg
Organic Wheat Grass Juice Powder / Poudre de jus d'herbe de blé biologique	500 mg
Organic Oat Grass Extract (Avena Sativa) Powder / Extrait d'herbe d'avoine biologique (Avena Sativa)	500 mg
Parsley Powder / Poudre de persil	250 mg
Kale Powder / Poudre de chou frisé	250 mg
Fiber and Prebiotic Blend / Fibre et mélange prébiotique	2.75 g
Inulin/Inuline	1000 mg
Flax Seed Powder (defatted) / Poudre de graines de lin (dégraissé)	750 mg
Oat Fiber / Fibre d'avoine	500 mg
Apple Pectin / Pectine de pomme	500 mg
Adaptogenic Herbs: Energy Support / Herbes adaptogènes: énergie	1.355 g
Schizandra Extract (2% schizandrin) / Extrait de Schisandra (2% de schisandrine)	200 mg
Maca (4:1) Extract/Extrait de Maca (4:1)	500 mg
Dulse/Dulse	400 mg
Ashwagandha (2% withanolides)/Ashwagandha (2% de withanolides)	125 mg
Siberian Ginseng (.8% eleuthosides)/Ginseng de Sibérie (.8% d'éléuthosides)	80 mg
Panax ginseng (10% ginsenosides)/Panax ginseng (10% de ginsenosides)	50 mg
Probiotic Support / Probiotiques	133 mg
L. Rhamnosus (Rosell – 11)	5 Billion Active cells /milliards de cellules vivante

True Greens™ is an all-natural super blend of phytonutrient dense plant foods that include organic chlorella, spirulina, alfalfa juice, barley grass juice, wheat grass juice and oat grass extract. True Greens™ offers a wide spectrum of concentrated fruit extracts that are well known for their high antioxidant levels. Ginkgo biloba, grape seed and green tea contribute to improved circulation, cognitive function and enhanced memory. Incorporating True Greens™ in your everyday routine will enhance your energy levels, reduces stress levels, help prevent oxidative damage in your body, help your body to alkalize, and help you maintain healthy immune function.

Benefits

- Increases Energy
- Reduces Stress Levels
- 8,000+ ORAC Value Per Serving
- Detoxifies & Cleanses the Body
- Helps the Body to Alkalize
- Supports Good Health & Longevity

Amount / Quantité	per serving / par portion
Green Superfoods: Alkalinizing and Detoxifying / Superaliments verts: alcalinisants et detoxifiants	1.158 g
Acai Berry Extract (4:1) / Extrait de baie d'açaï (4:1)	150 mg
Acerola Extract (4:1) / Extrait d'acérola (4:1)	200 mg
Broccoli Extract (4:1) / Extrait de brocoli (4:1)	100 mg
Blueberry Extract (4:1) / Extrait de bleuets (4:1)	100 mg
Cranberry Extract (4:1) / Extrait de canneberge (4:1)	100 mg
Bilberry Extract (4:1) / Extrait de myrtille (4:1)	30 mg
Lycopene / Lycopène	3 mg
Lutein / Lutéine	5 mg
Resveratrol (50% transresveratrol) / Resvératrol (50% de trans-resvératrol)	10 mg
Red Beet Extract / Extrait de betterave rouge	400 mg
Pomegranate Seed Extract (40% ellagic acid) / Extrait de graine de grenade (40% d'acide ellagique)	60 mg
Phytonutrient Blend: Anti-inflammatory Benefits / Mélange de phytonutriments: bienfaits anti-inflammatoire	390 mg
Organic Cherry Juice Extract (36:1 concentrate) / Extrait de jus de cerise biologique (concentré 36:1)	200 mg
Turmeric Extract (95% curcuminoids) / Extrait de curcuma (95% de curcuminoides)	100 mg
Grape Seed Extract (90% PCO) / Extrait de pépins de raisin (90% PCO)	30 mg
Green Tea Extract (80% catechins) / Extrait de thé vert (80% de catéchines)	30 mg
Ginkgo Biloba Extract (24% ginkgo flavones) / Extrait de ginkgo biloba (24% de flavonoïdes ginkgo)	30 mg
Herbal Concentrates: Immune Support / Concentrés d'herbes: soutien immunitaire	360 mg
Astragalus (4:1) Extract / Astragale (4:1) Extrait	100 mg
Dandelion Root (4:1) Extract / Extrait de racine de pissenlit (4:1)	100 mg
Milk Thistle (80% silymarin) / Chardon-Marie (80% de silymarine)	100 mg
Elderberry Extract (4:1) / Extrait de sureau (4:1)	60 mg

- True Greens™ **Natural Fruit Punch** 400 g 8-7084700056-9
- True Greens™ **Natural Pomegranate Berry** 400 g 8-7084700057-6
- True Greens™ **Natural Pineapple Mango** 400 g 8-7084700062-0
- True Greens™ **Raspberry Lemonade** 400 g 8-7084700109-2
- True Greens™ **Unflavoured** 400 g 8-7084700059-0